

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 200M FREESTYLE MEN

Heat:3, starttime: 09:05

Heat: 3/5 Lane : 7 Athlete: VAN EGDOM WOUT

Q-time: 01:55:41

PB (50m pool): 01:55.00 Antwerpen 21/04/2024

PB (25m pool): 01:51.23 SB: 01:56.85 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	01:55.00	
	no time				
					

Coach feedback:

Event number: 33: 100M BACKSTROKE WOMEN

Heat:9, starttime: 10:04

Heat: 9/10 Lane : 4 Athlete: VERDONCK FLEUR

Q-time: 01:01:80

PB (50m pool): 01:01.01 Antwerpen 12/02/2023

PB (25m pool): 00:59.38 SB: 01:02.73 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	
PB	no time	01:01.01	
	no time		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY MEN

Heat:2, starttime: 10:10

Heat: 2/7 Lane : 7 Athlete: VAN EGDOM WOUT

Q-time: 00:26:93

PB (50m pool): 00:26.71 Antwerp 21/01/2024

PB (25m pool): 00:25.94 SB: 00:26.93 Antwerpen 22/03/2026

	5 0 M	
PB	00:26.71	
	00:26.71	
		

Coach feedback: